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Morris' MINUTES

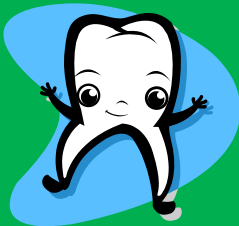
MONTHLY FOCUS:

Armor for your
Teeth

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FUN STUFF:

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Armor for Your Teeth



What are sealants?

Knights wear armor to protect them in battle. Sealants are like armor for your teeth. They seal the parts of your teeth you use to chew. This keeps out the food and bacteria that make holes in your teeth called cavities.

Sealants are put on your back teeth. These teeth are called molars. The tops of these teeth have little grooves. Food can get stuck in these grooves and a toothbrush can't always get it out. Sealants fill in these grooves and help keep out the food and bacteria that cause cavities.

When do I get sealants?

Your dentist or hygienist will put sealants on when your adult molars come in. Your first adult molars come in when you are about 6 years old. More adult back teeth come in when you are between 11 and 14 years old. Sometimes your dentist might put sealants on other teeth if you get cavities easily or if you have trouble brushing your teeth well. Your dentist might also put sealants on teeth that look like they are starting to get a cavity.



And the Winner Is....

January's winner for guessing the correct number of Christmas decorations is Harly Norris! She guessed there were 101 decorations - and she was exactly right! Harly's the winner of a \$25 gift card to Target!

Coloring Page



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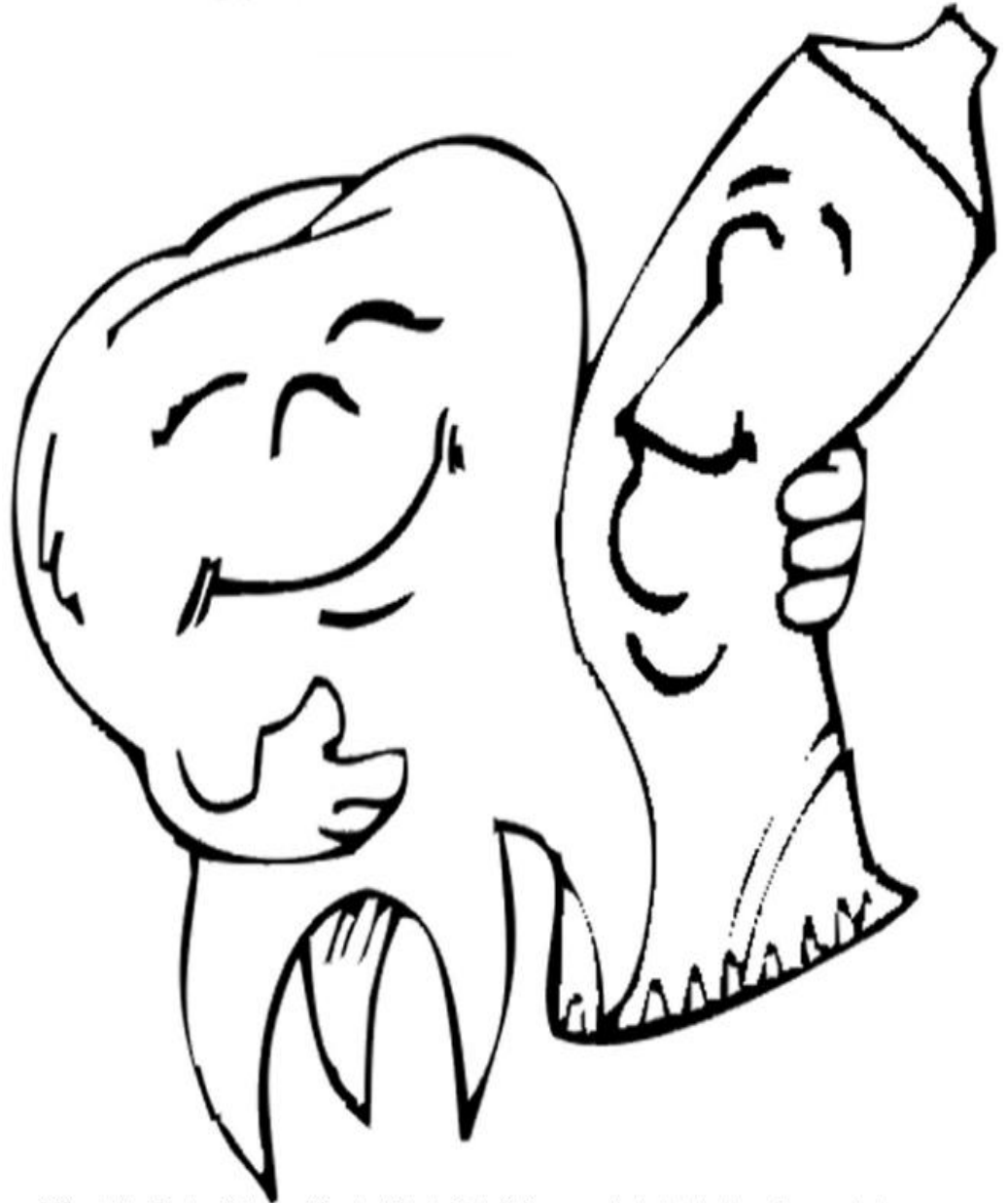
On the web!
littlesmilesdental.com



Happy
Valentine's Day!



from the Little
Smiles Team!



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We Want to See You!

Dr. Barlow recommends you visit him twice a year for check-ups! See you soon!